## Review notes: Kenny Smoll Date: 4th July 2010



## Who's here?

Jane - support worker Doris – officer in charge June – volunteer Adrian - nurse Gill - HSA

## People in Kenny's life:

Most Important People	Important people	Those who are paid
		Home staff– Jean Lucy Jane & Adrian are closest. June volunteer Consultant psychiatrist GP

## What's Important to Kenny to now...

Chocolate!! Or any chocolate based food & it must be soft – he always has some chocolate after his meals, milky buttons are good or any small soft pieces of chocolate.

Kenny loves sweet food.

Drinks of hot chocolate or cups of tea with 2 sugars

Kenny enjoys looking at newspapers and magazines – he particularly enjoys looking at the pictures.

Having someone sit by him & chat with him.

Having a long soak in the bath each morning with bubble bath.

Kenny enjoys washing his hands in a sink bowl filled with warm water. Having a walk around with 2 staff helping, he doesn't mind where he goes – he just loves being on his feet and clapping his hands.

Going outdoors for walks in his wheelchair but Kenny does not walk outdoors – he would always want to go back inside when on his feet.

# How best to support Kenny including issues of health & safety..

Know that Kenny uses his wheelchair if going outdoors for walks. Kenny must always have 2 staff to support him when walking indoors – staff link Kenny on either side.

Know that before Kenny fractured his hip last year he would enjoy walking around freely – he is no longer able to do this.

Kenny needs help to eat his meals.

Kenny has a pureed diet.

Make sure he has chocolate when he has eaten his meal, help him to eat his meal he is not keen on savoury food but enjoys sweet food.

Any chocolate Kenny has must be soft enough & small enough for him to suck otherwise there is a danger of choking

Kenny does not require any help to take his drinks.

Kenny must have his drinks thickened as he coughs a lot when drinking.

Kenny has diet supplements because of his low weight.

Know that Kenny is bored when he is banging & clapping his hands in his chair – see communication chart.

Be aware that Kenny is more likely to hit out at smaller people & new people.

Kenny has medication to help stabilise his mood – see medication files.

Kenny has a pressure relieving mattress to sleep on.

Kenny has cream applied on eczema like patches on his skin.

If Kenny is not settling off to sleep apply a little cream – it could be his skin is itchy.

What is working ?	What is not working ?	
Kenny's perspective		
Looking at books & magazines People sitting & chatting with him Having chocolates each day. Long soaks in the bath with bubbles	<ul> <li>Not always having recent magazines to read</li> <li>Sitting alone, being bored</li> <li>Not being able to watch what is happening in the kitchen</li> <li>Not being able to walk around unaided,</li> <li>Rarely going out</li> </ul>	
Top 2		

What is working ? From the perspective of family	What is not working
Kenny has no family members that we are aware of	

What is working ?	What is not working
From the perspective of Staff	
Staff team know Kenny well . His love for chocolate - he has chocolate every day Having an advocate to speak for Kenny at PCT reviews. 2 staff supporting Kenny to have a walk round here Consistent staff team to support Kenny. The organisation control Kenny's finances so if he needs anything it can be purchased immediately rather than having to wait for family to get it. His diet supplements	Knowing so little about Kenny's life story or things he may have enjoyed which he could continue to do now. Low weight & Kenny's dietary intake differs day to day. Kenny's vulnerability as other people living here become agitated when he is clapping & banging on his chair.

#### Questions to answer and issues to resolve?

Given our lack of knowledge around Kenny's life are there any avenues we could pursue to learn more?

How can we provide opportunities for Kenny to try new things to help us learn more about what would make life better for him?

Before Kenny lost his mobility last year, he was always on the go – he used to stand & watch what was happening in the kitchen, would it be possible for Kenny to sit where he could continue to look into the kitchen?

What sort of conversation does Kenny enjoy?

Kenny can write his name what needs to happen for him to pursue writing if it is something he appeared to want to do?

What would it take for Kenny to go out & buy some magazines from the local shop each week and have a daily morning newspaper delivered?

### Any other information?

Kenny has lived in institutions since he was 14 years old, he has no known family members. He was admitted toa "mental institution" in 1947 – it seems he had hit his father & was diagnosed with schizophrenia on admission. Over the years Kenny has been prescribed many antipsychotic drugs & continues to take these drugs. He came to here in 1994 and was always "on the go" often looking for food and drink. Kenny has only ever used a few words to speak, he would often be heard to say "oh no" or "oh no he's not coming" – meaning Father Christmas. Kenny has not been heard to speak with words in recent years.

Any decisions made regarding Kenny's future care will be made within DOLLS guidelines in his best interests after consultation with MDT, PCT and IMCA representative.

ACTIONS				
Who ?	Will do what ?	By when ?		
Jane	Explore drawing and writing with Kenny	End of July 10		
Adrian	Will bring his puppets into here to see if this is something he enjoys, also his dog	Need to check with Adrian.		
Jane	Will arrange for Kenny to receive a daily morning newspaper each day	6 <sup>th</sup> July 10		
Jane	Will arrange for Kenny to be supported to go to the local paper shop each week to buy magazines.	15 <sup>th</sup> July 10		
Adrian	Find a way for Kenny to sit close to the kitchen hatch to watch what is going on & explore opportunities for him to get involved	July 20 <sup>th</sup> 2010		
Adrian	Spend time with Kenny drawing & writing, look for opportunities to develop this	End July 2010		
Adrian	Use learning logs & ask other staff to do so in order to leant more rich information to add to Kenny's one page profile	Begin 15th July 2010		